

## The Trey O'Hearts

Romantic Tale by Louis Joseph Vance.  
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**SYNOPSIS.**  
By arrangement with the Universal Film Manufacturing Company, it is possible to read "The Trey O'Hearts" in the Times-Dispatch and also to see it in pictures at the Superior Theatre. **Synopsis of preceding chapters:** The Trey of hearts in the deck was used by Seneca Teller in the death of Alan Law. The Trey of hearts in the deck was used by Seneca Teller in the death of Alan Law. The Trey of hearts in the deck was used by Seneca Teller in the death of Alan Law.

**CHAPTER XLV.—POISON.**  
For chance had conspired with her insomnia to station Judith in the recess of her darkened window, idly viewing the gaunt framework of the unfinished building from an angle which, when Alan edged out into the night, showed him plainly in silhouette against the sky.

In Judith's eyes his identity was unmistakable. She had hardly needed the night glasses which presently she brought to bear upon him at the moment when he was laboriously unrolling his message—while grim death stalked him from behind.

She had seen him throw the watch and had heard the double thump of its impact with the wall and floor of Rose's bedroom.

And she had witnessed with wildly beating heart that duel in the air—able to surmise its outcome only from the fact that the victor spared the life of the vanquished.

The infuriate civility of that man!

And then she had known that a message had been delivered to Rose—and had taken no steps to learn its import or frustrate whatever plan of rescue it proposed.

That was not like her, but then she was so unlike herself that night that she scarcely recognized anything in her, but only the counterfeit Judith of her dressing-table mirror.

A dozen emotions tore at her heart and mind. She was estranged from the father to whom she had hitherto accorded a passionate and unswerving devotion. She was at odds with her husband, because she had renounced his overtures at love-making.

And the old not unkindly but rather compassionate contempt in which she had held her sister, Rose, because of her inability to comprehend the gentleness and sweetness of that alien nature, had been transmuted into violent hatred.

And all because it had been her destiny to learn to love the man who loved her sister and was loved by her in turn.

The bitterness of that fate like an acid in her heart.

The pain of that unrequited love, bringing her to this present stage of weakness and infirmity of purpose.

But that she could no longer suffer this state of affairs to endure was the one clear fact in the horizon of her tempestuous soul.

And ultimately it brought her to her feet in a second seizure of desperate determination.

The clock was striking 6 as she left her room across the street workings, now were streaming into the building to begin the labors of the day.

Concerning her intentions past the doorway and indifferent guests in the corridor outside the door to Rose's room, Judith turned the key that remained in her hand, unlocked the door, entered it, entered, and locked the door behind her.

Without any surprise she found her sister already dressed to the point of leaving her outer garments. She appeared half-frantic by this unexpected interruption, threatening as it did the perilous scheme that Alan had proposed. Rose greeted her sister with a glance of intensest alarm, and then, with a gasp, she demanded:

"What do you want?" she demanded tensely.

"To come to an understanding with you," Judith told her coolly.

"There is no understanding possible between us, you know that as well as I."

"Yet one there must be."

"I insist that you leave this room at once."

"Insist by all means—and be damned! I will leave this room—and I may not leave it alive!"

With a start of terror, Rose shrank back from this strange, wild thing that came from the very shape and semblance of herself.

"What do you mean?" You cannot mean to murder me in cold blood, Judith!"

"But, since it has pleased Destiny to decree that we must both love one man—let Destiny decide between us and bear the blame of murder!"

"Destiny?"

"One moment!" Crossing to a side table, Judith took up a glass from a tray that held a silver water pitcher, and returned with it to the table that stood in the middle of the floor.

At the same time she opened a hand till then fast clenched and disclosed a small blue bottle with a red label, shrieking the warning, "Poison."

"Archie!" she explained, calmly, "In solution." And emptied the bottle into the glass.

A measure of courage returned to Rose. "Do you expect to be able to make me drink that?" she demanded contemptuously.

"Not I—but Destiny, if it will! See here." From a pocket of her dressing-gown Judith produced a small, round object, a "cannon" in the shape of a playing card. "Let them declare the will of Destiny toward us. I will break the seal, shuffle the cards, and deal," she explained, sulking action to word. "The card that gets the Trey of hearts will drain that glass. Is it a bargain?"

(Continued To-morrow.)

## As to Small Injuries

BY LILLIAN RUSSELL.

(Copyright, 1914, by Lillian Russell.)  
A small scratch upon the hand seems to be such an unimportant thing, and it usually is, yet the smallest of abrasions is sufficiently large to admit a whole regiment of death-dealing germs.

An abrasion amounts to nothing, providing no germs are lurking about, but once the wound becomes infested it becomes a serious matter. A wound as small as a pin point has caused death countless times. A "rag" on the finger, which does not even give pain, offers an entering place to the most dangerous germs known to medical science.

Too great care cannot be given to abrasions or cuts on the hands or any other part of the body. It requires such a little bit of time and effort to give them the proper care at the proper time, and the precaution is well warranted.

It is possible that the skin may be broken a thousand times, and the healing qualities of the blood will quickly repair the damage. But on another occasion infection may occur and blood poisoning result. Tetanus, or lock-

## Household Interests

Jaw, is a terrible disease. Hearing a description of the sufferings of a victim of this affliction should be sufficient incentive to take every possible precaution against infection.

If you suffer a scratch or a cut, clean the wound thoroughly and apply a dependable antiseptic. If it is deep there are many. See that no dirt lodges in the wound and give it some care until the skin heals over. Take no chances with even the smallest abrasion.

**Lillian Russell's Answers.**  
Marie P.: To sit correctly hold your head upright. Push back in the chair as far as possible before leaning forward. Sliding down and forward in your chair tilts the pelvis into a most harmful position. Of course, the height and shape of the chair have much to do with this sitting posture. It is almost impossible in some chairs to sit correctly. In such cases ignore the bad back of the chair and depend wholly upon your own back. All leaning forward in a sitting posture should be from the hips. Bending forward at the waist cramps lungs, heart and chest.

Phyllis: You are not too stout for your age. A slender figure is more attractive, of course, than a heavy one, still you should have a sufficient covering of firm, solid flesh. I think you are nicely proportioned and have no cause to worry.

E. V. D.: It is no wonder you are getting old looking if you insist on worrying over every little thing. Don't you know that worry is a deadly foe to beauty? Worrying about trivial things is nothing but a habit, and, like all bad habits, can be overcome with the exercise of will power. Make up your mind you are going to stop worrying. The world is full of bright things to look at if you only will let yourself see them.

Helen B.: Sometimes emaciation is the result of mental excitement. The desire to be doing something every minute, to be everlastingly on the go. Do you let yourself be absorbed in unimportant things to the extent of tiring yourself out? Rest is what you need. Sleep eight hours a day. Learn to be more composed. A girl in business needs to reserve her strength for her daily labors if she expects to arrive anywhere.

Evelyn: For excessive perspiration of the feet you should bathe them daily in hot salt water. Dry them carefully and dust them with plain talcum powder. Change your hose daily. The following lotion is also good for perspiration of the feet. Dissolve a teaspoonful of borax in one ounce of distilled water. After washing the feet and drying them well, apply the lotion with a piece of soft gauze.

## Dr. Brady's Health Talks

## FOOD ECONOMY.

It is a curious fact that the cheapest foods are generally the most nutritious and digestible. Luxury is costly in money as well as in health. The waste of food in the average American home is appalling. We squander money on expensive delicacies, and yet we use little or no judgment in preparing what we eat with a view to obtaining all the energy there is in it.

For instance, potatoes are most digestible and most palatable when cooked with their jackets on, either boiled or baked. Yet this is rarely done except with new potatoes. Bread is more digestible when stale than when freshly baked. Yet many housekeepers throw away crusts and loaf ends because they are stale, instead of incorporating them into a pudding or otherwise utilizing the food value.

In meats, the cheaper cuts are just as nourishing and just as palatable in every way as loin or porterhouse cuts. Yet hundreds of families never think of buying anything cheaper than a sirloin or a rib roast, or chop or steak, or extravagant cut. Fish is every way as nourishing as meat, and often more digestible. But a lot of people for some foolish reason imagine fish won't sustain working strength.

**Save Money and Keep Well.**  
We eat too much meat anyway. Meat may possibly be necessary for a person doing hard muscular labor, but even then a single meal of meat a day is quite enough, no matter how hard the work.

For indoor workers, clerks, office people, those who do not put forth great physical exertion in their daily work, meat three times a week is all the body can assimilate without being overburdened with nitrogenous wastes.

Cheese is cheap and quite as digestible as meat if taken in moderation. It is highly concentrated nutriment, and should therefore not be crowded in with pie after a full dinner. Oleomargarine is fully as healthful and nourishing as the best dairy butter, and a lot cheaper. Colored yellow it fools many a housewife into believing it is better than the real thing.

Buns, rice, cut meal that is cooked at home, macaroni, bananas, peanuts, peas, both green and canned, and the brownest of brown sugar are all fit for anybody's pantry and are sold cheaply in all sections of the country.

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Extraneous articles of diet are oysters, porthouse steaks, ready to serve bread, fast food, "boxed wafers," straw berries, peaches, condensed milk, marmellones, gelatin and canned soups. These articles are all of little food value.

Any householder interested in the question of food economy should write the U. S. Department of Agriculture and ask for copies of Farmers' Bulletin Nos. 142, 121, 92 and 232.

**Questions and Answers.**  
Old Chronic queries: Frankly, are more proprietary medicines not used by doctors than by the laity?  
A.: About nip and tuck to see who shall discard them first.

W. H. W. writes: I am a paragon of good health, and for the first time in a year or so I have been developing a corporation of which I am none too proud. How shall I proceed to train it down?

Reply: Join a gym class. Second best, make your bedroom or back attic over into a gymnasium. Lie on your back and kick your feet in the air, not in a ludicrous fashion at all, but rhythmically and slowly; both feet raised gradually to the vertical, then lowered, is lowered to the floor and repeat for ten to thirty times at a sitting. Then keep your heels on the floor and raise your trunk slowly to the upright, and slowly down again—ten or more times at a sitting. Continue at this exercise ten minutes a day and you'll soon gain control of the corporation.

C. inquires: What is your opinion of chiropractic treatment?  
Reply: Until it is recognized by law, and its practitioners legally entitled to practice in my state, I am not expressing an opinion. If you ask about the treatment of some definite disease, that is another question.

## SOCIETY

## Fashion's Decree

To-day's Dress Hunt, with authentic note as to style and fabric.



A modish tailored costume in forest green cloth, consisting of single-breasted jacket with notched collar and a Russian tunic skirt. The jacket falls below the hips and the skirt is built over a three-piece foundation, lengthened by a straight flounce. The average size requires 5 yards of 54-inch material to make it. Kitten's car, tricolor gabardine, velvet, etc., may be used.

Pictorial Review Coat No. 5566, \$10.10 to 20 years. Price, 15 cents. Skirt No. 5575, Sizes, 14 to 20 years. Price, 15 cents.

The pattern will be mailed to any address by The Times-Dispatch Pattern Department on receipt of price.

## WIDOW OF GENERAL ROSSER ENTERTAINS BRIDESMAIDS

CHARLOTTEVILLE, VA., September 21.—Mrs. Thomas L. Rosser, widow of General Rosser, one of the most distinguished cavalry officers in the service of the Confederacy, is holding the fourth annual reunion of her bridesmaids and school friends at her lovely home, "Rushy Hall," near the University of Virginia.

When General and Mrs. Rosser were married in 1863 she had twelve bridesmaids, nine of whom are now living, and only one of the twelve groomsmen. Girls of twenty could not be happier than this charming set of matrons.

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## MANY RICHMOND PEOPLE RETURN FROM EUROPE

Mr. and Mrs. Alfred T. Harris, Jr. and Daughter, Back Week Earlier Than Planned.

Mr. and Mrs. Alfred T. Harris, Jr. and their daughter, Miss Marian Harris, who have been abroad since early in the summer, landed in New York City last week, having made the trip from England on board the steamship Lusitania. They spent several weeks in London and arrived in this country a week earlier than they had planned. Mr. and Mrs. Harris and Miss Harris are now at York Harbor, Me., where they will remain for some time.

Miss Hester Riddle and Miss Margaret Allen, who returned on September 26 from England. They have been motoring through Europe with friends and have been in England since the outbreak of the war.

Among those arriving on the steamship Montauria on last Wednesday were Miss Ora L. Hatcher and Miss Virginia de Mott, who are just returning from a European tour. Miss Hatcher is spending a week with her mother, Mrs. William E. Hatcher, at "Cedar Hill," near York Harbor, before leaving for New York.

Mrs. Pauline Robinson and her daughter, Miss Martha Robinson, who have been motoring in England all summer, returned from abroad on Friday and are now at their home on Washington Street.

At the University.  
Among the Richmond boys who have recently left town for the University of Virginia to attend college there this fall are Edwin Buford Scott, Hunter McGuire, S. Dabney Crenshaw and Oscar Swinford.

Miss Nellie Payne is the guest of friends at the University of Virginia for the last of her vacation. She is preparing for school at Hartwood, Md., and returned to Richmond.

Mrs. A. Langstaff Johnston and her daughter, Miss Mary Johnston, have returned to their home at 25 West Franklin Street, after spending the summer months at Rawley Springs and in Orange. Miss Lillian Johnston returned to the city yesterday, having stopped for a visit with her friends in Louisa, en route from Rawley Springs.

Misses Sally and Mary Greenhow have just opened their residence, 207 East Franklin Street, following a stay of several months near Orange.

Mr. and Mrs. W. T. Tucker, of Malden, announce the engagement and approaching marriage of their daughter, Elizabeth Tucker, to Sidney Bernard Bland, of Richmond. The marriage will be celebrated on October 23 in Washington.

**Interesting Announcement.**  
Miss Charlotte Parkside announces the engagement and approaching marriage of her daughter, Elizabeth Read, to Rev. Giles Buckner Palmer, of Woodstock. Miss Parkside is now visiting her sister in Durham, N. C., where the wedding will take place the middle of October.

**Series of Card Parties.**  
The series of card parties of card parties will be given Thursday afternoon and evening from 4 to 6 and 8 to 10 o'clock by the Catholic Women's Club in their rooms, 205 East Franklin Street. These weekly affairs will be given upon succeeding Thursdays, and light refreshments will be served following the conclusion of the games. A number of pretty entertainments for the season have been planned for the members of this newly organized club.

**Attending Convention.**  
Mrs. Charles T. Norman left last night for Bristol to attend the United States of the Confederacy Convention held there this week. Mrs. A. J. Montague, president of Lee Chapter, also left town last evening for Bristol, where she will be present at the state convention.

**College Topics.** The semi-weekly published by the General Athletic Association of the University of Virginia, has made its appearance, with the following editorial board: William J. Parish, Jr., of Richmond, editor-in-chief; Donald MacKenzie Faulkner, of Boydton, news editor; Theodore J. Betts, of Middlebrook, assignment editor; Robert B. Jackson, of Keswick, athletic editor; J. M. Hurt, of Blackstone, is business manager, with Thomas Fitzhugh, of the University, and Dr. T. Wool, of Swells Point, as assistants.

**IN AND OUT OF TOWN.**  
Mr. and Mrs. Williamson Talley have returned to their home on Monument Avenue, after a visit to Hagerstown, Md., following their trip abroad.

Miss Eliza Christian, of this city, is spending some time at Petersburg as the guest of the Misses Jones.

Miss Henrietta Crump is leaving town shortly for Sweetbrier College, where she will be a student for this session.

Mr. and Mrs. George S. Kemp are spending some time at Black Mountain, N. C.

Mrs. P. Travers Wood has returned to the city, after a visit to Louisville, Ky., and Mountain Lake.

Mrs. Robert Withers is returning to Richmond to-day, after a visit to relatives in Suffolk.

Mr. and Mrs. Charles Davenport, Miss Della Davenport and Miss Helen Adams have returned from the New England Coast, where they spent the summer.

Mrs. J. Haskins Hobson, of Powhatan County, is the guest of her son, Haskins Hobson, at Forest Hill.

Miss Mary Cogan has returned to the city after spending the summer at Lake George, Long Island and in New York City.

Mrs. J. W. Davis, of Spotsylvania County, and Mrs. Lee J. Graves, of Fredericksburg, have been recent guests of friends in Richmond.

Wilcox Brown, of "Ivy Cliff," Bedford County, spent Saturday with friends in Richmond.

Cadet H. C. Franklin has left to resume his studies at the Virginia Military Institute, in Lexington.

Emmett J. Conely, who has been in ill health for some time, has gone to Denver, Col.

Colonel and Mrs. Thomas B. McAdams and their family have returned from the Greenbrier White Sulphur Springs.

Mrs. Charles A. Metzger, Mrs. A. W. Liedfeld and Miss A. Schaefer have returned to their home, after a visit to friends in Staunton.

Mrs. Levin Joyner and Misses Julia and Archer Joyner have returned from the summer months.

T. M. Hobson, of Montreal, Canada, is visiting friends in this city, en route for his home in Powhatan County.

The Misses Pulliam have returned to Richmond, after visiting Miss Clara Finner in Newport News and spending a few days in Prince George County.

Aubrey Young, of this city, has been at the University of Virginia for a brief stay.

Mrs. E. S. Robinson, of Newport News, has been at her home there, Mrs. W. T. Smoot, of this city.

Miss Nancy Perkins is spending some time with her grandfather, C. D. Langhorne, at "Mirador," near Greenwood.

Mr. and Mrs. Julian Morris have been in Charlottesville with friends for a brief stay.

Mrs. W. G. Coleman has returned to her home in Lynchburg, after a visit to Richmond.

Miss Ethel C. Harwood, of this city, is visiting Mrs. T. J. Eley at her home in Suffolk.

J. B. Wood and his son, Denry Wood, have returned to Charlottesville, after a short stay here.

Miss Pauline McIntosh, of Orange, is the guest of relatives and friends in this city.

Misses Addie Franklin and Frances Schaeffer, of Richmond, have been visiting friends at the University of Virginia.

**WOMEN'S MEETINGS.**  
At 4 o'clock this afternoon the State mission meeting of the women of Grace Street Baptist Church will be held in the church auditorium, when an address by the field secretary of the State Mission Board, R. D. Garland, will be made.

**Early's Funeral To-Day.**  
LYNCHBURG, VA., September 21.—The body of Lieutenant Jubal A. Early, who was drowned on Sunday, September 12, near his army post in New Mexico, was brought this afternoon to Lynchburg for burial. The body was accompanied by Lieutenant Clifford Early, a brother of the young officer, and it was taken to the home of his aunt, Miss Ruth Early, 122 Harrison Street.

The funeral will be conducted from there to-morrow afternoon at 4 o'clock, and the interment will be at the Spring Hill Cemetery.

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**Thalheimer's**  
To-Day, a Sale of One Hundred and Fifty Sample Rugs

No two alike, and all the large 9x12 room size. This is an event that should be of interest to every one in need of floor covering, as these rugs will be offered at one-fourth to one-third under their regular selling price.

Shown in all the rich Oriental and Conventional Patterns.

For the Best Rug Values of the season visit the Thalheimer Ruggery to-day.

**J. B. Mosby & Co.**  
A display of new and high-class dress goods and Silks.

Children's School Shoes \$1

ALBERT STEIN  
Cor. 5th and Broad Sts.

Seven Yards, Covering Seven Acres.  
Richmond Lumber Yards

LUMBER AND MILLWORK.  
Woodward & Son, 4th and Station Sts.

HAVE YOU SEEN THE New Method Gas Ranges AT PETTIT & CO.'S?

Hopkins Furniture Co.  
7 West Broad Street

CASH OR CREDIT  
Save 25 per cent at S. U